

**Monica Dahling New, MA
Registered Psychotherapist
CO: NLC.0108015
CA: 69061
225 North Mill Street, #202
Aspen, Co 81611
970-379-5492**

1. The Mental Health Licensing Section of the Division of Registrations regulates the practice of licensed or registered persons in the field of psychotherapy. The Board of Registered Psychotherapist Examiners can be reached at 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800.
2. Generally speaking, the information provided by and to the client during therapy sessions is legally confidential and cannot be released without the client's consent. There are exceptions to this confidentiality, some of which are listed in section 12-43-218 of the Colorado Revised Statutes, and the HIPAA Notice of Privacy Rights that were provided as well as other exceptions in Colorado and Federal Law. For example, mental health professionals are required to report suspected child abuse to authorities. If a legal exception arises during therapy, if feasible, you will be informed accordingly. The Mental Health Practice Act (CRS 12-43-101, et seq) is available at <http://www.dora.colorado.gov/professions/registeredpsychotherapists>. You will see more regarding this in the next section under Confidentiality. In a professional relationship, sexual intimacy is never appropriate and should be reported to the board that licenses, registers, or certifies the licensee, registrant or certificate holder. You are entitled to receive information from your therapist about the methods of therapy, the techniques used, the duration of your therapy (if known), and the fee structure. You can seek a second opinion from another therapist or terminate therapy at any time.
3. Monica Dahling New, MA: I have completed my Master of Arts in Clinical Psychology at Antioch University in Santa Barbara, CA, 2011. I am a Registered Psychotherapist in Co. I have been working with clients in the Community Health and a private practice setting since January 2011. My education builds on a Bachelor of Science in Health Science and Masters in Physical Therapy, from the University of Miami, FL, in 1991.
4. A Registered psychotherapist is a psychotherapist listed in the State's database and is authorized by law to practice psychotherapy in Colorado, but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state.
5. You are entitled to receive from your therapist the methods, techniques, duration of therapy (if known, varies by each client), and the fee. Sexual intimacy is never appropriate with you and your therapist at anytime, and

should be reported to the board that licenses, registers, or certifies the licensee, registrant, or certificate holder. You can terminate therapy at anytime. You can seek an opinion from another therapist at anytime.

6. Generally speaking, the information provided by and to the client during therapy sessions is legally confidential and cannot be released without the client's consent. There are exceptions to this confidentiality, some of which are listed in section 12-43-218 of the Colorado Revised Statutes, and the HIPAA Notice of Privacy Rights that were provided as well as other exceptions in Colorado and Federal Law. For example, mental health professionals are required to report suspected child abuse to authorities. If a legal exception arises during therapy, if feasible, you will be informed accordingly. The Mental Health Practice Act (CRS 12-43-101, et seq) is available at <http://www.dora.colorado.gov/professions/registeredpsychotherapists>.

I have read the preceding information, and I understand my rights as a client or as the client's responsible party.

(Print) Client Name

(Signature) Client or Responsible Party

Date

If signed by Responsible Party, please state relationship to client and authority to consent: _____